

 Department of <b>DIAGNOSIS AND CARE SERVICES</b>	<b>INFORMATION SHEET          24-HOUR URINE TEST</b>	<b>Att. 7</b> PO-MediLab-01A
	Laboratory Analysis C.O.U.	<b>Rev</b> <b>Date 28/11/2016</b>

## 24-HOUR URINE TEST



**Buy** an appropriate container with a capacity of at least 2 litres (from a Chemist or, alternatively, use a dry bottle that has contained mineral water).

**Pick up** the specific urine collection kit at the Lab's reception desks.



The collection should be started when you wake up by completely emptying your bladder and discarding the urine, from this moment onwards the 24 hours begin.

- beforehand, wash your hands and external genitals with soap and water and rinse thoroughly with running water for each collection;
- collect all urine until you have completed the 24 hours;
- measure the amount of urine collected, and write it on the tube's label.



**Gently shake** the container with the urine;  
**Collect** a sample of the urine *in the under-vacuum collection container provided by the Laboratory, close it with its lid;*  
*Insert the tube, by its lid, into the opening prepared on the container's lid.*



Apply a slight pressure: your urine will be automatically drawn into the tube.

(Ensure that the end of the suction system is always immersed in the urine).



Take the tube to the laboratory as soon as possible with the indication of the volume of urine collected over the 24 hours.

*To carry out the Creatinine clearance test, the patient's height and weight are also required.*

**PLEASE NOTE** that you should provide a sample for each analysis/referral