

## URINE TESTS

<ul style="list-style-type: none"> <li>• <b>IMMUNOLOGICAL PREGNANCY TEST</b></li> <li>• <b>BENCE JONES PROTEIN TEST</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>MICROALBUMINURIA TEST</b></li> <li>• <b>URINE CULTURE</b></li> <li>• <b>HAEMATURIA TEST</b></li> <li>• <b>STANDARD URINE TEST</b></li> </ul>
	<p><b>Pick up the specific test tube at the Lab's reception desk.</b></p> <p><b>Beforehand, wash your hands and external genitals with soap and water and rinse thoroughly with running water.</b></p> <p><b>Use a clean towel to dry yourself.</b></p>
	<p><b>Open the urine container unscrewing its lid and place it upside down (inside side up) on a clean top, do not remove the label from the lid.</b></p> <p><b>Collect the intermediate part of your urination in the tube (the first part must be discarded) filling it to about <math>\frac{3}{4}</math>, then close it with its lid;</b></p>
	<p><b>Remove the adhesive label from the lid.</b></p> <p><b>Insert the tube, by its lid, into the opening prepared on the container's lid.</b></p> <p><b>Apply a slight pressure: your urine will be automatically drawn from the tube. Maintain the pressure until you have filled the test tube.</b></p> <p><b>Remove the tube you have filled from the container.</b></p>
	<p><b>Take the tube to the laboratory as soon as possible and no later than 2 hours after collection.</b></p> <p><b>NOTE - Please note that you should deliver one sample for each type of analysis requested</b></p>

○ **HAEMATURIA TEST**

- **Collection should start when you wake up by completely emptying your bladder and discarding the urine.**
- **Two hours later, collect the midstream into the urine test tube.**
- **The sample must be delivered to the laboratory within 30 minutes.**